



Wisconsin Lions Camp

Blood Glucose Treatment Protocols 2026

At Camp, the normal BG range is 80–250mg/dL. When BG is 80–250 mg/dL, campers are encouraged to self-manage with mentoring

Campers know their diabetes best. If a camper feels low, they may treat it even if their BG is 84mg/dL. If they want to take a correction dose at 200mg/dL, they may do so based on their home plan.

If BG is below 80 or above 250 mg/dL, staff must offer additional support. They will follow the table below for treatment

BG Reading (mg/dL)	Treatment/Protocol	Specific treatment
350 or greater	Check urine ketones. Call on call cabin medical staff for consult with results.	Insulin correction per individual plan
250-350	Encourage sugar-free fluids. Insulin correction per pump if indicated. If BG >250 2 hours after insulin correction, check urine ketones and consult with cabin medical staff	Insulin correction per individual plan
80-250	No treatment is needed, if the camper has a different routine, work with them to support their management strategy and note it in the daily log.	
70-80	10 or 15g carbohydrates. Discuss with camper their treatment preference	10g - fruit strip 15g - 1 juice or 4 glucose tabs
50-70	4 oz juice & an additional 15g Recheck at 15 minutes. Involve cabin medical staff if questions.	1 juice & 1 granola bar
49 or below <u>Able to Swallow</u>	8 oz juice & an additional 15g Give treatment and immediately notify cabin medical staff for monitoring. Recheck every 15 minutes until BG is back to target range.	2 juices & 1 granola bar
<u>Unable to Swallow</u>	Notify Licensed Healthcare Staff Immediately. Licensed Healthcare Staff administer Glucagon	Glucagon

- Treatment options also include encouragement for protein – string cheese and beef sticks with special diet options.
- This is a general range, campers and staff will discuss specific needs of each camper upon arrival and throughout the week.