



# Wisconsin Lions Camp

## Camp Activities and Themes Young Adults with Intellectual Disabilities or Autism Session

### **Activities:**

All activities are supervised by trained staff including certified lifeguards and instructors. Please note that these activities described are our main activity areas – and we offer a variety of activities and challenges within these areas.

### **Please remember:**

If you should not participate in some of these activities due to health conditions or other reasons, you are responsible for limiting your activity level. We reserve the right to restrict your participation in camp activities. While we want to encourage participating in new activities or honing skills already present, our priority is your safety.

### **Camp Activities:**

- Adventure Course – our self-belay high ropes course. Challenge yourself to navigate one or two levels of challenges.
- Archery – learn proper use of equipment and go for a shot at the bull's-eye.
- Arts – projects and lessons in arts including crafts, musical instruments, singing and dancing; new this year- woodburning and candle making!
- Boating – canoes, paddleboats, rowboats, corcls, kayaks, pontoon boat and stand-up paddleboards for lessons and leisure.
- Campfire – skits and songs to delight campers of all ages.
- Campout- optional opportunity for a one-night campout. Pitch in a tent at one of our campsites around the property and enjoy cooking meals over a fire.
- Climbing Tower – Our four-sided tower- offering challenges on the straight, slanted, or chimney sides, plus traverse the “Donkey Kong” inspired slanted logs. Participants wear a safety harnesses and helmet, and are facilitated either with 1:1 belayers or on the auto-belay system.
- Environmental Education – learning about the natural environment and engaging in hands-on projects or nature art.
- Innertubing – enjoy Lions Lake floating on an innertube.
- Mud Pit – come and get muddy in our large mud pit.
- Rope Swing – popular to clean off mud from the mud pit, you swing out on a rope and land in the water below.
- Sports – learning and playing games such as disc golf, soccer, field hockey, basketball, sand volleyball, capture the flag, pickleball, tennis & more.
- Swimming – leisure in Lions Lake.
- Water Sports – enjoy team sports in the swimming area such as water basketball, water baseball, water volleyball or water polo.

- Low Ropes Course – This is a challenge course in which elements are 2-5 feet off the ground and they are navigated with the support of spotters. Participants wear a safety helmet.
- High Ropes Course - This is a course in which elements are 20 – 40 feet off the ground and they are navigated with safety harnesses, 1:1 belayers and a safety helmet.

## **Theme: Carnival**

Each year we have a theme that camp staff incorporate throughout the week. Staff create activities, competitions, events and moments relating to the theme and even decorate Camp to match! Our 2026 theme is Lions Camp Carnival.

Prepare to be amazed! This summer you will test your luck at classic carnival games, challenging you at stations like the goldfish bowl toss, balloon pop, pluck-a-duck, and more. We can't wait to enjoy the fairground fun with you! We encourage you to join our staff in the dress-up fun and bring along attire representing your favorite circus characters like the strongman or the magician, or even the carnival workers!