## Youth who are deaf or Hard of Hearing July 20-24, 2025: Vegetarian

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Camp muffin w/plant based sausage Hash brown patty Peaches	Cheddar Cheese omelet Shredded hashbrowns Applesauce	Waffles w/fruit topping Plant based Bacon	Scrambled Eggs Plant based sausage links Southern style hashbrowns Mandarin oranges
Lunch	Selective Eater table available all meals Salad bar available lunch and dinner	BYO Sandwich Hummus or egg salad Sun chips Cantaloupe	Plant based beef or plant based chicken tacos Spanish rice Corn Churros w/cream cheese frosting	Plant based chicken fillet sandwich Pasta salad Broccoli Fruit cocktail	Plant based beef or cheese ravioli w/marinara California blend Garlic breadsticks Brownies
Dinner	Plant based meatloaf Mashed potatoes Green beans Dinner roll Banana pudding	Cheese or veggie pizza Raw veggies w/dip Cookies	Plant based mini corn dogs Mac-n-cheese Carrots Fresh strawberries, blueberries & grapes	Plant based meat beef BBQ on bun Potato salad Peas S'mores bars	Plant based hamburgers, or plant based brats Baked beans Chips Watermelon
snack	Popcorn & yogurt cups	Cheese, hummus & crackers	Fruit snacks & string cheese	Roasted edamame & trail mix	

