

Youth with Intellectual Disabilities or Autism July 6-10 2025 - Gluten Free

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		GF Waffles w/fruit topping Ham patty	Cheese omelet Sausage links GF Shredded hashbrowns Mandarin oranges	GF Pancakes Bacon Applesauce	GF Camp muffin w/sausage Hashbrown patty Peaches
Lunch	<i>Selective Eater table available all meals Salad bar available lunch and dinner</i>	GF Orange chicken Rice Stir fry veggies Canteloupe	Beef BBQ on GF bun Potato salad Peas GF cookies	BYO sandwich Turkey, ham, or egg salad on GF bread Potato chips Strawberries	Beef or chicken tacos w/GF shell Mexican cheese rice Corn GF cinnamon muffin w/icing
Dinner	Pork rib sandwich w/GF bun GF Smiley fries Green beans Fruit fluff	Baked Ham GF Au gratin potatoes Green beans GF Cupcakes	GF Cheese, GF sausage, GF pepperoni, or GF veggie pizza Raw veggies w/dip Grape salad	Pulled pork sandwich w/GF bun Tator bucks Coleslaw GF Brownies	Hamburgers, brats, or hotdogs w/GF bun Baked beans Chips Watermelon
snack	Beef sticks & GF trail mix	GF Granola bars & GF fruit snacks	Pretzels & string cheese	Popcorn & yogurt cups	
<i>*Orange juice, apple juice only available at breakfast, 1% milk and water available all meals*</i>					