

# Adults who are Blind or Visually Impaired June 1-5, 2025: Gluten Free

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Scrambled eggs Bacon GF Shredded hashbrowns Mandarin oranges	GF French toast Ham patty Applesauce	Cheese omelet Sausage patty GF Hashbrown patty Peaches	GF Waffles w/ fruit toppings Whipped topping Bacon
Lunch	<i>Selective Eater table available all meals Salad bar available lunch and dinner</i>	Pork rib sandwich GF bun GF Potato wedges GF Coleslaw GF Rice krispie treat	GF Orange chicken Rice Stir fry veggies Grape salad	GF Meatball sub GF Pasta salad GF Lemon bars	GF Cheese, GF pepperoni, GF sausage or veggie pizza Raw veggies w/dip Fresh strawberries
Dinner	Baked chicken Mashed potatoes Corn GF Dinner roll GF Iced angel food cake	Roast beef w/gravy Egg noodles Candied carrots Fruit fluff	GF Baked ziti GF Garlic bread Italian vegetables GF Cheese cake w/fruit topping	Baked ham dinner GF Au gratin potatoes California veggies Fresh cantaloupe	Hamburgers, brats or hot dogs w/GF buns Baked beans Chips Watermelon
snack	Beef sticks & string cheese	Fresh veggies, dip cups and hummus cups	Cheese, sausage & crackers	Granola bars & popcorn	
	<b><i>*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals*</i></b>				

