

Adults who are Blind or Visually Impaired June 1-5, 2025: Vegetarian

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Scrambled eggs w/plant based egg substitute Plant based bacon Shredded hashbrowns Mandarin oranges	French toast Plant based sausage patty Applesauce	Cheese omelet w/plant based egg substitute Plant based sausage patty Hashbrown patty Peaches	Waffles w/fruit toppings Whipped topping Plant based bacon
Lunch	<i>Selective Eater table available all meals Salad bar available lunch and dinner</i>	Plant based pork sandwich Potato wedges Coleslaw Rice krispie treat	Plant based orange chicken Rice Stir fry veggies Grape salad	Plant based meatball sub Pasta salad Lemon bars	Cheese and Veggie Raw veggies & dip Fresh strawberries
Dinner	Plant based Chicken Mashed potatoes Corn Dinner roll Iced angel food cake	Plant based beef tips w/gravy Egg noodles Candied carrots Fruit fluff	Baked ziti w/meatless crumbles Garlic Bread Italian Vegetables Cheese cake w/fruit topping	Baked tofu dinner Au gratin potatoes California veggies Fresh cantaloupe	Plant based hamburgers or brats w/buns Baked beans Chips Watermelon
snack	Beef sticks & string cheese	Fresh veggies w/dip cup & hummus cup	Cheese, sausage & crackers	Granola bars & popcorn	
	<i>*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals*</i>				