## Youth w/Intellectual Disabilities or Autism June 29-July 3, 2025: Gluten Free

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Scrambled eggs Bacon GF Shredded hashbrowns Fresh strawberries	GF French toast w/ berry toppings Sausage links	Cheese omelet Ham patties GF Hashbrown patty Apple sauce	GF Pancakes Sausage patty Fresh strawberries & blueberries
nch	Selective Eater table available all meals Salad bar available lunch and dinner	GF Beef or Chicken GF Spanish rice Corn GF cinnamon muffin with icing	GF Cheese, GF Sausage, GF pepperoni or veggie Raw veggies w/dip Fruit fluff	BYO Sandwich Turkey, ham, or egg salad on GF bread Fritos GF cookies	Hamburger, brats, hotdogs w/GF bun Potato chips Baked beans Watermelon
Dinner	GF Beef or Cheese Ravioli w/ marinara Green beans GF Garlic toast GF Brownies	Pulled pork sandwiches w/GF bun GF Tator buck Coleslaw Cantaloupe	Baked Chicken Mashed potatoes California blend GF Dinner roll GF Lemon bars	Meatballs w/ GF gravy over GF egg noodles Peas Jello	
snack	Sausage, cheese, GF crackers	Trailmix & yogurt cups	Pretzels or string cheese	Fresh fruit & dip	

\*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals\*