Youth w/Intellectual Disabilities or Autism June 29-July 3, 2025

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Scrambled eggs Bacon Shredded hashbrowns Fresh strawberries	French Toast w/ berry toppings Sausage links	Cheese omelet Ham patties Hashbrown patty Apple sauce	Pancakes Sausage patty Fresh strawberries & blueberries
Lunch		Beef or chicken Spanish rice Corn Churros w/cream cheese drizzle	Cheese, sausage, pepperoni or veggie pizza Raw veggies w/dip Fruit fluff	BYO Sandwich Turkey, ham or egg salad Fritos Cookies	Hamburger, brats, hotdogs w/bun Potato chips Baked beans Watermelon
Dinner	Beefo rCheese Ravioli w/ marinara Green beans Garlic toast Brownies	Pulled pork sandwiches Tator bucks Coleslaw Cantaloupe	Baked Chicken Mashed potatoes California blend Dinner roll Lemon bars	Meatballs w/gravy over egg noodles Peas Jello	
snack	Sausage, cheese, crackers	Trail mix & yogurt cups	Pretzels or string cheese	Fresh fruit & dip	
	Orange juice, apple	e juice only available at l	breakfast,1% milk, regu	lar coffee, decaf, water	available all meals