

Welcome to the Wisconsin Lions Camp A project of the Wisconsin Lions Foundation, Inc.

Youth Camper Information 2021

We are still planning how Camp will run this summer due to coronavirus so this information may change. Campers will receive final schedules, additional requirements and safety protocols at least two weeks prior to Camp.



Who We Are

We are a summer Camp program administered by the Wisconsin Lions Foundation, Inc. The Wisconsin Lions Foundation administers four other projects besides Camp and is primarily supported by the Lions Clubs of Wisconsin along with many other generous donors.

The Camp was started in 1956 to serve children who were blind or visually impaired. The Foundation was formed at the same time to administer the Camp program. From that humble beginning with 26 campers, we have grown to serving 1,200 campers a summer – *free of charge* – thanks to the generosity of our supporters. We currently serve the following populations:

- Children (6-17) and adults (18+) who are Blind or Visually Impaired
- Children (6-17) and adults (18+) who are Deaf or Hard of Hearing
- Children (9-17) who function socially or educationally as having Intellectual Disabilities/Autism
- Young adults (18-25) with Intellectual Disabilities/Autism (*by invitation only*)
- Children (9-16) with diabetes (by lottery only)
- Children (8-17) who have epilepsy

This information is meant to help you become familiar with Camp so your camp stay is a successful one. We are proud to provide a safe and quality camping experience for our campers on our gorgeous 440-acre property.

Please feel free to contact us with any questions, concerns or suggestions you may have. Thank you for being a part of the Wisconsin Lions Camp family!

Contact Information

Camp Staff:

Andrea Yenter, Camp Director: Manages the overall operation of the

Camp.

Office: 715-677-4969 ext. 319 Camp cell phone: 715-572-8179

E-mail: ayenter@wisconsinlionscamp.com

Michelle Kruzicki, Camp Administrative Assistant: Manages all of the

camp paperwork and the office. Office: 715-677-4969 ext. 314

E-mail: mkruzicki@wisconsinlionscamp.com

Paula Lauer, RN, BSN, Healthcare Supervisor: Manages all healthcare

staff and needs.

Office: 715-677-4969 ext. 334

E-mail: plauer@wisconsinlionscamp.com

Social Media:

Camp website: www.wisconsinlionscamp.com

Foundation website: www.wlf.info Facebook: Wisconsin Lions Camp

Instagram: wilionscamp

YouTube: WisconsinLionsCamp

Camper Mail:

Camper name/cabin Wisconsin Lions Camp 3834 County Road A Rosholt, WI 54473

E-mail: campers@wisconsinlionscamp.com. Please specify the camper's name in the subject line. Campers will not be able to respond to e-mails.

Phone:

Our general camp phone number is 715-677-4969, our fax is 715-677-3297 and our VP is 715-952-5703. The after-hours and emergency phone number is 715-572-8179, which is a cell phone carried by Andrea. She is available 24 hours a day via voice calls or text messages.

Preparing for Success at Camp

Camp is an opportunity for campers to experience independence away from their families in a safe environment. Cell phones are not allowed at Camp. To ensure success, families should reinforce for campers that they will have fun, be successful and that the Camp staff are there to support them. Consider if receiving mail will help or hinder your camper. The American Camp Association's website www.acacamps.org/campers-families/planning-camp has helpful information. We will contact you during Camp for the following issues.

Health Issues:

- To consult you for further medical information.
- Any care needing an out-of-camp appointment.
- Any medical emergency where 9-1-1 is called.
- An illness that lasts for more than 4-6 hours. Illnesses over 12 hours require a camper to be sent home.
- Any non-compliant behavior around health care, such as a refusal to take medications or treat medical condition.
- Other medical situations or symptoms that you, the parent/guardian, would like us to contact you for should they occur.

Behavior Issues:

- For further ideas, suggestions or tips for behavior not seen or discussed previously with the camp staff.
- Behaviors that occur more than three or four times in a day.
- For behaviors that may have caused injury to another person, such as hitting, biting or kicking.

- Concerns regarding inadequate self-care skills such as toileting or showering.
- Homesickness that is extreme or has lasted longer than 12 hours.
- Campers who do not seem to be enjoying the camp experience or who are struggling with the camp routine and structure.

The decision to send a camper home is a rare one, and is only made to ensure that Camp and the camper are safe physically or emotionally.

General Camp Information

Mail: Will be given to you by your camp staff.

Visitors: Typically we welcome visitors; however with COVID protocols, we will not allow them at this time.

Medical insurance: The Wisconsin Lions Camp does not carry any type of medical insurance for our campers. You are responsible for any and all medical costs for your camper.

Transportation: All guardians are responsible for their camper's transportation to and from Camp. Please contact us if you are unable to provide transportation so we may reach out to Lions Clubs to see if they can assist you.

Spending money: All campers except our campers with diabetes will have an account established at the camp store (Trading Post) with the \$25.00 deposit paid with the application. Campers have the opportunity to purchase a snack daily and shop the souvenir items. Some of the food items found in trading post are candy, salty snacks, frozen treats, soda or other beverages. Guardians will have the opportunity to donate the balance or have it refunded back to them. Our campers with diabetes will be offered the refund at registration and may choose to donate that money.

Birthdays: If you celebrate a birthday at Camp, we'll celebrate with you!

Special diets: Our food service staff work with many special diets. After we receive your special diet forms, you will be contacted prior to your Camp week to ensure we are able to meet your special diet needs.

Lost and found: Label all your items before coming to Camp. Before departing, please check your luggage to ensure that items are there. We will only mail back items on a COD basis. Items left at Camp will be held until Labor Day and then donated to the local Goodwill.

A Typical Day at Camp

This is a general daily schedule that happens at Camp. Some changes may occur in schedules due to weather, programming, or special events. Our website will have specific population schedules posted by May.

7:00 am: Rise and Shine! Showers and get ready for the morning

8:00 am: Breakfast 8:45 am: Flag Raising

8:50 am: Cabin clean-up, brush teeth and prepare for activities

9:00 am: Activity blocks

Noon: Lunch

12:45 pm: Free swim/boat/basketball— all of camp heads down to

the waterfront and campers can choose between

swimming, boating or the basketball court for games.

2:00 pm: Rest Hour

3:00 pm: Trading Post/social time

3:30 pm: Activity blocks

5:45 pm: Supper

6:30 pm: Activity blocks

8:30 pm: Health Lodge check in and snack; begin getting ready

for bed

9:00-10 pm: Late night activities for teens (depending on ability)

Registration Tips

- Be prepared to spend up to one and a half hours during this process due to 100 campers arriving over four hours.
- Make sure you and your camper have eaten lunch.
- Only service animals are allowed on property.
- Make sure you have all necessary medications and other information with you and out of your luggage.
- Use this time to talk with staff about your questions or plans for the week.

The Registration Process

For a smooth registration process, and in order for us to safely care for your camper, you must follow all steps.

 Arrive at camp at your scheduled time or call us to make arrange a different time. The 2021 arrival times are based on the first letter of your last name:

1:00 – 1:30: M-P 2:00 – 2:30: V-Z 3:00 – 3:30: E-H 1:30 – 2:00: Q-U 2:30 – 3:00: A-D 3:30 – 4:00: I-L

- At the front gate, a greeter who will check to make sure the camper is registered at Camp and are there at your scheduled time. Make sure to have the luggage ready and remove any paperwork or medications needed for registration.
- You will go to the luggage tent so the luggage can be tagged with the camper's name, cabin name and number of pieces.
- In the Memorial Building we will verify how the camper is getting home, give you your health file, introduce the counselor, and assist you with any questions you may have.
- There will be a head check done to ensure the camper does not have lice. Due to the time it takes to treat lice, any camper with lice will be sent home and not allowed to stay.

- In the Dining Hall, discuss any camper special diet needs with the kitchen staff, have a photo taken of the camper for risk management purposes and wait for the next available Heath care Staff in the Health Lodge.
- In the Health Lodge you will discuss all medications, medical needs and activity restrictions with our healthcare staff. Once you've completed this step, you'll head to the cabin.
- During our camps for children with diabetes and epilepsy there will be an additional healthcare step here for specific management discussions.

Health Care Information

Due to the high volume of medications we see at Camp, we must follow the following steps to ensure your safety in the Health Lodge. Please contact Paula, our Healthcare Supervisor with any questions.

- The following forms **must** be at Camp by the deadline date listed in your confirmation materials. **We will cancel any camper who does not have these forms in by that day.**
 - o A **health history form**, to be filled out by the legal guardian annually for up-to-date health information.
 - A physical examination form, based on an exam dated after August 6, 2019 filled out by a licensed MD, PA or NP must be on file.
 - All follow-up forms such as diabetes, seizure, mental health concerns, anaphylaxis allergy or asthma questionnaires need to be filled out to give us detailed information about the condition.
 - A waiver form, to grant permission for medical treatment and care.
- Turn in all medications, including over-the-counter medications, vitamins and homeopathic remedies. All medications must be in the original container with your camper's name, dosage and times clearly stated. If any information is missing, we cannot administer

- that medication. Please consider which medications are necessary for the week they are at Camp and plan accordingly by only bringing what is needed plus one or two extra.
- During the camps for children with diabetes, diabetes specific medication and supplies will be given to the healthcare staff in the cabin; not the Health Lodge.
- Please review the list of camp activities listed next and let us know at registration if your camper has any restrictions.

Camp Activities

All activities are supervised by trained staff including certified lifeguards and instructors.

- Archery learn proper use of equipment and go for a shot at the bull's-eye.
- Arts projects and lessons in arts including crafts, musical instruments, singing and dancing
- Boating canoes, paddleboats, rowboats, corcls, kayaks, pontoon boat and stand up paddleboards for lessons and leisure.
- Campfire skits and songs to delight campers of all ages.
- Field Sports learning and playing field games such as disc golf and field hockey.
- Innertubing enjoy Lions Lake floating on an innertube.
- Mud Pit come and get muddy in our large mud pit.
- Environmental Education learning about the natural environment and outdoor skills using our beautiful facility.
- Rope Swing popular to clean off mud from the mud pit, you swing out on a rope and land in the water below.
- Swimming leisure in Lions Lake.
- Water Sports water basketball, water volleyball or water polo.
- Low Ropes Course this is a course which is 2-5 feet off the ground wearing a safety helmet.

 High Ropes Course/Climbing Tower/Adventure Course—only if you meet the safety requirements.

We reserve the right to restrict your camper's participation in camp activities. While we want to encourage participating in new activities or honing skills already present, our priority is your safety.

Packing for Camp

When packing for Camp, bring clothing that is labeled, older and allows your camper to comfortably participate in camp activities. We provide a blanket, pillow, two flat sheets and a pillowcase. Campers may bring a sleeping bag, other blankets or pillows from home to use if preferred.

- 6-8 pairs of socks and underwear
- 2 pairs of jeans or pants
- 3-4 pairs of shorts
- 5 shirts both long sleeve and short sleeve styles
- 1 pair of shoes that can get wet and muddy and covers the foot (i.e. water shoes or old tennis shoes)
- 1 pair of shoes for boating (as described above, or sandals with a back strap that allows them to be secured to the foot)
- 2 pairs of shoes for non-water activities (tennis shoes and hiking shoes)
- Raincoat or suitable wet weather outerwear
- Jacket and sweater or sweatshirt for colder weather
- Hat or baseball cap to prevent sunburn and sunglasses
- Swimsuit
- Pajamas
- Shoes for the shower if preferred; flip-flops or slides work well
- Towels 2 large (one for showering and one for swimming) and 1 wash cloth
- Toothbrush and toothpaste
- Comb or hairbrush
- Soap, shampoo and deodorant in unbreakable bottles

- Feminine products
- Insect repellent and sunscreen (minimum SPF 30)
- Laundry bag
- Ear plugs or swim cap if needed
- Eyeglass straps if you wear glasses for boating
- Extra hearing aid batteries if you wear a hearing aid
- Fishing rod
- Flashlight
- All medications needed (in their original container from the pharmacy)
- Water bottle

Leave at Home:

- Alcohol, tobacco, vaping or juuling devices, illegal drugs, fireworks or weapons.
- Cell phones, tablets or handheld electronics unless needed for management. Please contact Andrea regarding that usage.
- Clothing, music or other items that are not Camp appropriate.
- Any equipment such as skateboards, rollerblades or bicycles.

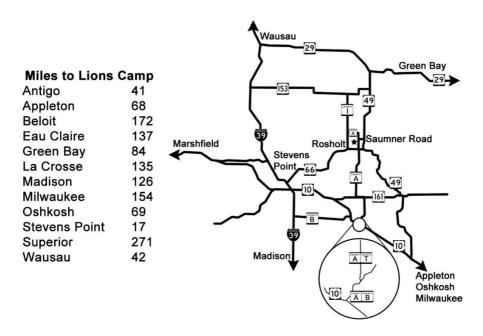
Pictures and videos are not allowed in living spaces. We reserve the right to review photos or videos on personal cameras if this policy may have been broken.

Internet and Off Season Policies

We do not allow the posting of other campers and staff pictures from the Wisconsin Lions Camp on social media sites by our staff or campers on personal pages. If we receive complaints about inappropriate postings, we may not allow a camper to return to Camp.

We strongly discourage our staff from having contact with your camper after Camp since we cannot supervise it. They are not allowed to communicate with or friend minor campers on-line using social media. If found doing so, they are not hired back. We hire our staff for the Camp season and during the season they are supervised and their actions are visible to co-workers and campers. We do not take responsibility for their behavior off-season or recommend them as babysitters, nannies or child companions outside of Camp. As the guardian, you are free to make your own choice in this matter. We also know that many children exchange contact information with staff without our or your specific awareness or permission. We strongly recommend that you supervise your camper's on-line activity and oversee any off-season contact between our staff members and your camper. You take full responsibility to oversee any contact that results. If you have any concerns regarding staff contact after summer Camp, please contact Andrea.

Directions to Wisconsin Lions Camp



We are located in central Wisconsin outside the village of Rosholt, just 20 minutes from Stevens Point. If you use Google maps or other direction programs, the address to use is: 3834 County Road A, Rosholt, WI

54473. Any construction updates that we may know about will be posted on our website. The Wisconsin DOT at www.dot.wisconsin.gov documents real-time construction on major roads and highways.

Wisconsin Lions Camp Rules

On Sunday night, the following rules are shared with campers as the all-Camp rules. Please discuss these rules with your campers as you feel appropriate as based on age.

1. Listen to all Staff

- a. Campers will be working with a variety of staff throughout the day.
- b. We emphasize that campers and staff listen respectfully to each other.

2. Stay with the group

- a. While we encourage independence for campers, staff are also responsible for knowing where campers are at all times. They are told to keep their campers within eyesight.
- b. We encourage camper responsibility by letting them notify their group leaders where they are going.

3. Lions Camp is a safe place

- a. There is no hitting, kicking, biting or fighting of any kind. We do all we can to identify if campers are feeling upset and need time to calm down. We have a sensory room where campers can ask to go if they are feeling upset and need time alone.
- b. Bullying and hazing are unacceptable and there is a *zero tolerance* policy at Camp. Any camper that participates in such activities will be sent home. Teasing, insults or other verbal taunts are not allowed.
- c. Respect for others-regardless of ability levels, race, ethnic background or other differences is emphasized throughout the program.

- d. No drugs, alcohol, tobacco, vaping or other illegal substances will be allowed at Camp. Because it is illegal, the sheriff's department will be called in this situation.
- e. Camper relationships are to be age appropriate, with hand-holding and dancing together allowed.

4. Have Fun!

- a. There are many activities to try and explore at Camp. Even if you're not sure, try everything at least once before you decide it's not fun! You might discover a new interest, activity or talent here at Camp.
- b. If you are not having fun, please let your staff member know so we can work with you to find something that you will enjoy!

We do our best to work with campers who may break these rules; however, based on the severity of the incident or repeated violations of these rules we will ask guardians to pick up their camper.

Goals of Camp

The Wisconsin Lions Foundation, Inc. mission statement is based on the mission of the Lions of Wisconsin.

"We Serve by reaching, touching and improving lives".

Based on that statement, the Wisconsin Lions Camp has developed the following goals for our campers that are included in our Camp program.

- Foster positive self-concept development of campers.
- Opportunity to meet others who have the same disability.
- The realization of individual capability and promotion of greater independence in many areas such as self-care, self-advocacy, and decision making.
- Opportunity for development of a more positive attitude toward disability.

- Development of a personal awareness and relationship with the natural environment and the opportunity to be "unplugged" from electronics such as cell phones and television.
- Opportunity for social interaction and the development of social skills.
- Development of outdoor recreational skills.
- Opportunities for campers to have fun in a safe environment.

The goals of the Wisconsin Lions Camp are achieved when we see:

- Campers having fun and enjoying the camp experience.
- The development of positive social relationships with staff and fellow campers.
- An understanding or discussion of self-care and self-advocacy in relating to their disability.
- An appreciation, awareness and understanding of the significance of the natural environment in their life.
- The ability to perform at least one or two new physical skills which they could not perform before coming to Camp, or they now perform at a higher level.
- Contributions as a member of the cabin group by decision making, choosing activities, creating a schedule, and participating in Camp life.
- Participation in a new challenge or adventure.
- Expression that their expectations, hopes and interests they wanted met at Camp were fulfilled in some way.