



# Wisconsin Lions Camp

## General Camp Information

### Youth Sessions – Diabetes

#### **Preparing for Success at Camp**

Camp is an opportunity for campers to experience independence away from their families in a safe environment. We typically do not allow campers to make or receive phone calls. Please spend some time as a family reinforcing for campers that they will have fun, be successful and that the Camp staff are there to support them. Consider if receiving mail will help or hinder your camper. The American Camp Association's website [www.acacamps.org/campers-families/planning-camp](http://www.acacamps.org/campers-families/planning-camp) has helpful information. We will contact you during Camp for the following issues.

#### **Health Issues:**

- To consult you for further medical information.
- Any care needing an out-of-camp appointment.
- Any medical emergency where 9-1-1 is called.
- An illness that lasts for more than 4-6 hours. Illnesses over 12 hours require a camper to be sent home.
- Any non-compliant behavior around health care, such as a refusal to take medications or treat medical condition.
- Other medical situations or symptoms that you, the parent/guardian, would like us to contact you for should they occur.

#### **Behavior Issues:**

- For further ideas, suggestions or tips for behavior not seen or discussed previously with the camp staff.
- Behaviors that occur more than three or four times in a day.
- For behaviors that may have caused injury to another person, such as hitting, biting or kicking.
- Concerns regarding inadequate self-care skills such as toileting or showering.
- Homesickness that is extreme or has lasted longer than 12 hours.
- Campers who do not seem to be enjoying the camp experience or who are struggling with the camp routine and structure.

The decision to send a camper home is a rare one, and is only made to ensure that Camp and the camper are safe physically or emotionally. For questions on this process, please contact our Camp Director.

**Mail:** Will be given to you by your camp staff.

**Visitors:** We prefer that campers do not receive visitors at Camp.

**Medical insurance:** The Wisconsin Lions Camp does not carry any type of medical insurance for our campers. You are responsible for any and all medical costs for your camper.

**Transportation:** All guardians are responsible for their camper's transportation to and from Camp. Please contact us if you are unable to provide transportation so we may reach out to Lions Clubs to see if they can assist you.

**Spending money:** All campers will have an account established at the camp store (Trading Post) with the \$25.00 deposit paid with the application. Campers have the opportunity to purchase a snack daily and shop the souvenir items. Some of the food items found in trading post are candy, salty snacks, frozen treats, soda or other beverages. Guardians will have the opportunity to donate the balance or have it refunded back to them.

**Birthdays:** If you celebrate a birthday at Camp, we'll celebrate with your camper if they feel comfortable doing so. We will check with you at registration.

**Special diets:** Our food service staff work with many special diets. After we receive your special diet forms, you will be contacted prior to your Camp week to ensure we are able to meet your special diet needs.

**Lost and found:** Label all your items before coming to Camp. Before departing, please check your luggage to ensure that items are there. We will only mail back items on a COD basis. Items left at Camp will be held until Labor Day and then donated to the local Goodwill.

### **A Typical Day at Camp**

This is a general daily schedule that happens at Camp. Some changes may occur in schedules due to weather, programming, or special events.

7:00 am: Rise and Shine! Showers and get ready for the morning  
8:00 am: Breakfast  
8:45 am: Flag Raising  
8:50 am: Cabin clean-up, brush teeth and prepare for activities  
9:00 am: Activity blocks  
Noon: Lunch  
12:45 pm: Activity blocks  
2:00 pm: Rest Hour  
3:00 pm: Trading Post/social time  
3:30 pm: Activity blocks  
5:45 pm: Supper  
6:30 pm: Activity blocks  
8:30 pm: Health Lodge check in and evening snack; begin getting ready for bed  
9:00-10 pm: Late night activities (age dependent)