

Adults who are Blind or Visually Impaired | *Week of June 4-8, 2023*

GF Menu

Sunday <i>June 04</i>	Monday <i>June 05</i>	Tuesday <i>June 06</i>	Wednesday <i>June 07</i>	Thursday <i>June 08</i>
Breakfast <i>Orange, apple, cranberry juice, regular and decaf coffee available at breakfast</i>	Scrambled eggs Shredded hash brown Bacon Canned pineapple	GF French toast sausage links Applesauce	GF egg bake (cheese egg+ ham) Vanilla yogurt bar With raspberries + blueberries	GF oatmeal bar (regular flavor) Brown sugar + dried fruits GF Pastries (Donuts, Muffins) Canned mandarin oranges
Lunch <i>1% milk, ice water, regular, and decaf coffee available at all meals</i>	BBQ on a GF bun GF Pasta salad (cucumbers + tomatoes) Peas Fresh strawberries Salad bar	Grilled chicken breast Regular fries Corn Fresh cantaloupe Salad bar	Baked potato bar GF BBQ pulled pork Shredded cheddar cheese Peas + carrots Fresh grapes Salad bar	GF pasta with chicken Alfredo sauce broccoli GF bread Chocolate pudding Salad bar
Dinner GF cheese pizza GF sausage +cheese pizza GF breadsticks Carrots GF cookie Salad bar	GF meatloaf(make with GF bread) Mash potatoes GF gravy Mixed veggies GF dinner roll Jello Salad bar	Baked cod Melted butter Rice pilaf California veggies GF Brownie Salad bar	Shredded beef on GF bun Mash potatoesw/chz Green beans Strawberry shortcake on GF biscuit Salad bar	Hamburger on GF bun Brat on GF bun Baked beans Lays chips Watermelon Salad bar

Camper's name: _____