Youth who are Blind and Visually Impaired or with Epilepsy | Week of June 11-15, 2023 GF Menu

Sunday	Monday	Tuesday	Wednesday	Thursday
June 11	June 12	June 13	June 14	June 15
Breakfast	GF Pancakes	GF Muffin with egg,	GF waffle	Breakfast burrito
	bacon	cheese, Canadian	sausage links	Egg + cheese +
Orange and apple	Canned peaches	bacon	Applesauce	sausage
juice, regular, and		Shredded hash brown		Hash brown patty
decaf coffee available		Canned pears		Canned mandarin
at breakfast				oranges
Lunch	Pizzaburger on GF bun	Nachos w/toppings	GF sub sandwich on	GF chicken tenders
	Tator tots	GF taco meat	GF hoagie	Potato Smiles
1% milk, ice water,	Peas	Refried beans	Ham, + GF turkey,	Carrots
regular, and decaf	Fresh grapes	Corn	cheese + toppings	Jello
coffee available at all		Fresh honeydew	Lays chips	
meals			Fresh strawberries	
	Salad bar	Salad bar	Salad bar	Salad bar
Dinner	chicken drumsticks w/	BBQ pulled pork on GF	GF pasta	Hamburger on GF bun
GF grilled ham+	GF BBQ sauce	bun	Meat sauce	Hot dog on GF bun
cheese	Mash potatoes	Regular fries	GF breadsticks	Baked beans
GF tomato soup	GF gravy	Broccoli	Green beans	Lays chips
GF crackers	California veggies	Popsicles	GF brownie	Watermelon
Peas + carrots	GF dinner roll			
GF cake	GF cookie			
Salad bar	Salad bar	Salad bar	Salad bar	Salad bar

Camper's name: _____