

**Young Adults with Intellectual Disabilities or Autism | Week of June 12-17, 2022 | Frontier Week  
Vegetarian Menu**

<b>Sunday</b> <i>June 12</i>	<b>Monday</b> <i>June 13</i>	<b>Tuesday</b> <i>June 14</i>	<b>Wednesday</b> <i>June 15</i>	<b>Thursday</b> <i>June 16</i>	<b>Friday</b> <i>June 17</i>
<b>Breakfast</b>  <i>Orange and apple juice available at breakfast</i>	French toast sticks Vegetarian bacon Canned peaches	Cheddar omelets Vegetarian sausage Shredded hash browns Fresh melon	Buttermilk pancakes w/ blueberry topping Vegetarian sausage Fresh strawberries	Breakfast burritos w/ egg and cheese Hash brown patties Canned pears	Scrambled eggs Monkey bread Bananas
<b>Lunch</b>  <i>1% milk and ice water available at all meals</i>	Walking tacos w/ toppings Vegetarian taco meat Refried beans Corn Rice krispie bars  Salad bar	Vegetarian chicken tenders French fries Vegetables and dip Fresh fruit  Salad bar	Vegetarian BBQ sandwich Mashed potatoes Vegetarian gravy Buttered carrots Brownies  Salad bar	Vegetarian chicken wrap w/ toppings Potato chips Capri blend veggies Pudding  Salad bar	
<b>Dinner</b> Goulash w/ vegetarian crumble Cornbread California blend veggies Fresh fruit  Salad bar	Pan-fried tofu Mac n' cheese Peas and carrots Fresh fruit  Salad bar	Veggie or cheese pizza Breadsticks Green beans Cookies  Salad bar	Pasta Alfredo w/ vegetarian chicken Garlic bread Broccoli Fresh fruit  Salad bar	Veggie burgers Veggie hot dogs Mac n' cheese bites Corn on the cob Watermelon Funnel cake fries	

Camper's name: \_\_\_\_\_