

## Children with Intellectual Disabilities or Autism | Week of July 2-6, 2023

### GF Menu

Sunday July 02	Monday July 03	Tuesday July 04	Wednesday July 05	Thursday July 06
<b>Breakfast</b>  <i>Orange and apple juice, regular, and decaf coffee available at breakfast</i>	Scrambled eggs bacon Shredded hash brown Canned peaches	4 <sup>th</sup> of July GF pancakes with whip topping + blueberries + strawberries sausage links	Cheddar cheese omelet Canadian bacon GF muffins Canned mandarin oranges	Camp muffin (egg + cheese + sausage patty on GF muffin) Hash brown patty Applesauce
<b>Lunch</b>  <i>1% milk, ice water, regular, and decaf coffee available at all meals</i>	baked chicken breast Potato smiles California veggies Fresh honeydew  Salad bar	sub sandwich w/ ham GF Turkey + cheese + toppings on a GF hoagie Lays chips Green beans Fresh grapes Salad bar	GF cheese pizza GF Pepperoni + cheese pizza Raw veggies + dip GF breadsticks Fresh strawberries  Salad bar	BBQ pulled pork on GF bun Regular fries Mixed veggies GF dirt N worms  Salad bar
<b>Dinner</b> GF grilled cheese GF Tomato soup GF crackers GF cookie  Salad bar	GF pasta Meat sauce GF garlic toast Carrots GF S'more bar  Salad bar	Shredded beef over mashed potatoes GF gravy Broccoli GF dinner roll Jello  Salad bar	GF tacos GF taco meat Toppings Refried beans Popsicle  Salad bar	Hamburger on GF bun Brats on GF bun Baked beans Lays chips Watermelon  Salad bar

Camper's name: \_\_\_\_\_