

Children with Intellectual Disabilities or Autism | *Week of July 2-6, 2023*

Vegetarian Menu

Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast <i>Orange and apple juice, regular, and decaf coffee available at breakfast</i>	Scrambled eggs Vegetarian bacon Shredded hash brown Canned peaches	4th of July Pancakes with whip topping +blueberries+ strawberries Vegetarian sausage links	Cheddar cheese omelet Vegetarian sausage links Blueberry muffins Canned mandarin oranges	Camp Muffin (egg+cheese) Hash brown patty applesauce
Lunch <i>1% milk, ice water, regular, and decaf coffee available at all meals</i>	Chick'n Strips Potato Smiles California veggies Fresh honeydew Salad bar	Tofu bacon sub sand. on a hoagie +mozz cheese Toppings (banana peppers bl olives) Sun chips Green beans Fresh grapes Salad bar	Cheese pizza Veggie pizza Raw veggies +dip Breadsticks Fresh strawberries Salad bar	BBQ pulled chick'n on a bun Potato wedges Mixed veggies Dirt N worms Salad bar
Dinner Grilled cheese Tomato soup Crackers Snickerdoodle cookie Salad bar	Cheese ravioli w/ beefless ground sauce Garlic toast Carrots S'more bar Salad bar	Beefless ground w/ mushrooms Vegetarian gravy Mashed potatoes Broccoli with cheese sauce Dinner rolls/jello Salad bar	Beefless ground beef taco meat Toppings Refried beans Corn Popsicles Salad bar	Veggie burger Veggie hot dog Vegetarian baked beans Chips Watermelon Salad bar

Camper's name: _____