Children who are Deaf and Hard of Hearing | Week of July 30-August 03, 2023 GF Menu

Sunday	Monday	Tuesday	Wednesday	Thursday
July 30	July 31	August 01	August 02	August 03
Breakfast	GF French toast	Cheddar cheese	GF pancakes	Camp muffin
	bacon	omelet	(choco chips on side)	(egg + cheese + ham
Orange and apple	Canned peaches	sausage links	GF sausage links	on GF muffin)
juice, regular, and		Shredded hash brown	Applesauce	Hash brown patty
decaf coffee available		Canned pears		Canned mandarin
at breakfast				oranges
Lunch	Pizza burger on GF	GF grilled cheese	Sub sandwich + ham,	GF tacos with
	bun	GF Tomato soup	GF turkey + cheese on	GF beef taco meat
1% milk, ice water,	Regular fries	GF crackers	GF hoagie	Refried beans
regular, and decaf	Peas	California veggies	Lays chips	Corn
coffee available at all	Fresh honeydew	Fresh grapes	Carrots	Strawberry shortcake
meals			Fresh strawberries	on GF biscuit
	Salad bar	Salad bar	Salad bar	Salad bar
Dinner	GF meatballs	GF cheese pizza	Grilled chicken breast	Hamburger on GF bun
Baked potato bar	GF egg noodles	GF sausage cheese	Mashed potatoes	Hot dog on GF bun
BBQ pulled pork	GF gravy	pizza	GF gravy	Baked beans
Broccoli + shredded	Green beans	GF breadsticks	GF dinner roll	Lays chips
cheese	Jello	Raw veggies + dip	Mixed veggies	Watermelon
GF cake		GF Dirt N worms	Ice cream treat	
			Salad bar	
Salad bar	Salad bar	Salad bar		Salad bar

Camper's name: _____