Children who are Deaf or Hard of Hearing | Week of July 30-Aug 03, 2023 Vegetarian Menu

Sunday	Monday	Tuesday	Wednesday	Thursday
July 30	July 31	August 01	August 02	August 03
Breakfast	French toast	Cheddar cheese	Pancakes	Camp Muffin
	Vegetarian bacon	omelet	(choco chips on side)	(cheese+egg)
Orange and apple	Canned peaches	Vegetarian sausage	Vegetarian sausage	Hash brown patty
juice, regular, and		links	links	Canned mandarin
decaf coffee available		Shredded hash brown	Applesauce	oranges
at breakfast		Canned pears		
Lunch	Veggie burger +	grilled cheese	Tofu bacon sub sand.	Tacos w/ beefless
	mozzarella cheese+	Tomato soup	on a hoagie + toppings	ground taco meat
1% milk, ice water,	pizza sauce on a bun	Crackers	Banana peppers + bl	Refried beans
regular, and decaf	Sweet potato fries	Smiles	olives + tomatoes	Corn
coffee available at all	Fresh honeydew	California veggies	Sun chips	Strawberry shortcake
meals		Fresh grapes	Carrots	
			Fresh strawberries	Salad bar
	Salad bar	Salad bar	Salad bar	
Dinner	Meatless Meatballs	Cheese pizza	chick'n strips	Veggie burger
Baked potato bar	Egg noodles	Veggie pizza	Mashed potatoes	Veggie hot dog
BBQ pulled chick'n	Green beans	Breadsticks	Vegetarian gravy	Vegetarian baked
Broccoli with cheese	Jello	Raw veggies + dip	Dinner roll	beans
sauce		Dirt N worms	Mixed veggies	Chips
Cake			Ice cream treat	Watermelon
Salad bar	Salad bar	Salad bar	Salad bar	Salad bar

Camper's name: _____