

## Adults who are Deaf and Hard of Hearing | Week of August 14-18, 2023

### GF Menu

Monday August 14	Tuesday August 15	Wednesday August 16	Thursday August 17	Friday August 18
<b>Breakfast</b>  <i>Orange, cranberry, apple juice, regular, and decaf coffee available at breakfast</i>	Scrambled eggs bacon Shredded hash brown Canned mandarin oranges	GF pancakes sausage links Applesauce	GF oatmeal bar Regular flavor Brown sugar + dried fruits GF muffins + donuts	GF egg bake (egg + cheese + sausage) Vanilla yogurt bar w/ Blueberries + Raspberries
<b>Lunch</b>  <i>1% milk, ice water, regular, and decaf coffee available at all meals</i>	Sloppy Joe w/ GF BBQ sauce on GF bun GF pasta salad Fresh grapes  Salad bar	Baked potato bar BBQ pulled pork Toppings Broccoli Fresh cantaloupe  Salad bar	GF cheese pizza GF sausage cheese pizza GF breadsticks Raw veggies + dip Fresh strawberries  Salad bar	Philly steak sand on GF hoagie with Swiss cheese + sauteed onions, peppers+ mushrooms Tator tots GF brownie Salad bar
<b>Dinner</b> GF Pasta Meat sauce GF garlic bread Green beans GF S'more bar  Salad bar	Baked cod Melted butter Rice pilaf California veggies GF Brownie  Salad bar	GF Meatloaf(make with GF bread) Mash potatoes GF gravy Corn GF dinner roll Jello Salad bar	Hamburger on GF bun Brat on GF bun Baked beans Lays chips Watermelon  Salad bar	

Camper's name: \_\_\_\_\_