

Adults who are Deaf or Hard of Hearing | Week of August 14-18, 2023
Vegetarian Menu

Monday <i>August 14</i>	Tuesday <i>August 15</i>	Wednesday <i>August 16</i>	Thursday <i>August 17</i>	Friday <i>August 18</i>
Breakfast <i>Orange, apple, and cranberry juice, regular, and decaf coffee available at breakfast</i>	Scrambled eggs Vegetarian bacon Shredded hash brown Canned mandarin oranges	Pancakes Vegetarian sausage links Applesauce	Oatmeal bar (regular flavor) Brown sugar+dried fruits Various pastries	Egg bake (egg+cheese) Vanilla yogurt bar Blueberries+strawberries
Lunch <i>1% milk, ice water, regular, and decaf coffee available at all meals</i>	Beefless ground BBQ on a bun Italian pasta salad (italian dressing+ cucumbers+tomato) Fresh grapes Salad bar	Baked potato bar shredded chic'n strips Broccoli w/cheddar cheese sauce Fresh cantaloupe Salad bar	Cheese pizza Veggie pizza Breadsticks Raw veggies+dip Fresh strawberries Salad bar	Portabella "philly steak" on a bun Swiss cheese Sauteed onions, peppers Tator tots Brownies Salad bar
Dinner Beefless ground lasagna Garlic bread Green beans S'more bar Salad bar	Fishless filets Melted butter Rice pilaf California veggies Lemon bars Salad bar	Beefless ground meatloaf Mashed potatoes Vegetarian gravy Corn Jello Dinner rolls Salad bar	Veggie burger Veggie hot dogs Vegetarian baked beans Chips Watermelon Salad bar	

Camper's name: _____