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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| 7:00: Good Morning! 7:40: Med Time & BG checks/ pre-meal management  8:00: Breakfast  8:45-9:15: Clean up/ Super Sweeps |  |  | Polar Plunge @ 6:30! |  |
| 9:15-10:15: Unit Activities | Climbing Tower | Clothespin Tag  (@ boating) | Birdfeeders  (in Nature Center) | Ultimate Frisbee  (on Memorial Lawn) |
| 10:15-11:30: Unit Activities | Innertube Basketball | Water Polo | Disc Golf |
| 11:30-12:00: BG checks/ pre-meal management  12:00: Lunch  12:45-1:00: BG checks |  |  |  |  |
| 1:00-2:00: Choice Period | Free Boat/Swim/Sports | Free Boat/Swim/Sports | Free Boat/Swim/Sports | Free Boat/Swim/Sports |
| 2:00-3:00: Rest Hour  3:00-3:30: Trading Post |  |  |  |  |
| 3:30-4:30: Unit Activities | Capture the Flag  (on Rec Field) | Mud Pit &  Rope Swing | Pontoon Fishing | 3:30: Packing |
| 4:30-5:15: Unit Activities | Low Ropes/ Teambuilding | Dodgeball  (in Rec Shelter) | 4:30: Awards |
| 5:15-5:30: BG checks/ pre-meal management  5:30: Dinner  6:15-6:30: BG checks |  |  |  | 5:00: Dinner |
| 6:30-7:30: Unit Activities | Balloon Pop Archery | Paper Airplanes  (in Crafts) | Lake Hike | Departure |
| 7:30-8:15: All Camp | All Camp  Special Event | All Camp  Campfire | All Camp  Dance |  |
| 8:30: Meds, then snack  9:00-10:00: Nighttime Routine or Activity  10:30: Lights Out |  |  |  |

**Weekly Schedule**

Cabins: \_\_\_Birches & Maples\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Staff: \_\_\_\_Zoe, Sierra, Allison, Kaia\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Unit Number: \_\_5\_\_\_\_