



# Wisconsin Lions Camp

## Packing List – Young Adults with Intellectual Disabilities or Autism Session

When packing for Camp, bring clothing that is labeled, older and allows you to comfortably participate in camp activities. We provide a blanket, pillow, two flat sheets and a pillowcase. You may bring a sleeping bag, other blankets or pillows from home to use if preferred.

- 6-8 pairs of socks and underwear
- 2 pairs of jeans or pants
- 3-4 pairs of shorts
- 5 shirts – both long sleeve and short sleeve styles
- 1 pair of shoes that can get wet and muddy and covers the foot (i.e. water shoes or old tennis shoes)
- 1 pair of shoes for boating (as described above, or sandals with a back strap that allows them to be secured to the foot)
- 2 pairs of shoes for non-water activities (tennis shoes and hiking shoes)
- Raincoat or suitable wet weather outerwear
- Jacket and sweater or sweatshirt for colder weather
- Hat or baseball cap to prevent sunburn and sunglasses
- Swimsuit
- Pajamas
- Shoes for the shower if preferred; flip-flops or slides work well
- Towels – 2 large (one for showering and one for swimming) and 1 wash cloth
- Toothbrush and toothpaste
- Comb or hairbrush
- Soap, shampoo and deodorant in unbreakable bottles
- Feminine products
- Insect repellent and sunscreen (minimum SPF 30)
- Laundry bag
- Ear plugs or swim cap if needed
- Eyeglass straps if you wear glasses for boating
- Extra hearing aid batteries if you wear a hearing aid
- Fishing rod
- Flashlight
- All medications needed in their original container from the pharmacy if the health lodge is administering medications and if you are self-administering your medications. All medication will be held in the health lodge.
- Water bottle

- Clothing or props for themes of the week (optional)

**Please Note:**

- Cell phones and watches are your responsibility. Those campers whose phone usage is excessive or detracts from the Camp experience may be asked to leave it in their cabin.
- We recommend any expensive items such as tablets, digital cameras, expensive clothing or jewelry or musical instruments stay home.
- We are not responsible for any loss or breakage of any items.
- Closets have latch that can hold a padlock or combination lock if you wish to lock up your items in the cabin.
- All items left at Camp are held until Labor Day, and then donated to the local Goodwill. Items claimed by campers will be sent back to campers. The cost of mailing items back will be shared with you prior to mailing the item.