**BVI Adults | *Week of June 2-6, 2024***

**GF Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast**  *Orange and apple juice + regular and decaf coffee available at breakfast* | Scrambled eggs  Shredded hash brown  Bacon  Pineapple chunks | GF French toast  Ham patties  Applesauce | GF Camp muffin with  Sausage patty  Hash brown patty  Canned pears | GF Oatmeal bar with  Dried cherries, cranberries, and raisins  Brown sugar  GF blueberry muffins |
| **Lunch**  *1% milk, regular, decaf coffee, and ice water available at all meals* | GF Meatball sub sandwich  Lays potato chips  Peas  Fresh strawberries  Salad Bar | Roast beef sandwich on a GF bun  Baked potato with bacon bits + shredded cheese  Broccoli  Grapes  Salad Bar | Baked chicken drummies  Waffle fries  Green beans  Fresh cantaloupe  Salad Bar | GF Pork rib sandwich  Cole slaw  Peas + carrots  GF Rice Krispie bars  Salad Bar |
| **Dinner**  GF Cheese pizza or  GF pepperoni + cheese pizza  GF garlic knots  Raw carrots + celery with veggie dip  GF chocolate chip cookies  Salad Bar | GF Chicken tenders  GF au gratin potatoes  Corn  GF brownie  Salad Bar | GF Salisbury steak patty  Mashed potatoes with GF gravy  GF dinner roll  GF lemon bar  Salad Bar | Baked ham dinner  White rice  California veggies  GF strawberry shortcake  Salad Bar | GF Hamburger or brat with GF bun  GF baked beans  Lays potato chips  Watermelon  Salad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_