**Young Adults with Intellectual Disabilities or Autism | *Week of June 30-July 4, 2024***

**Regular Menu**

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| --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast**  *Orange and apple juice, + regular and decaf coffee available at breakfast* | Oatmeal bar with  Dried cherries, cranberries, + raisins  Brown sugar  Blueberry muffins | French toast  Sausage links  Applesauce | Scrambled eggs  Shredded hash brown  Bacon  Canned peaches | **HAPPY 4TH OF JULY!**  GF pancakes with  Strawberry and blueberry toppings  Ham patties |
| **Lunch**  *1% milk, regular, decaf coffee, and ice water available at all meals* | Mini corn dogs  Mac + cheese wedges  California veggies  Fresh strawberries  Salad Bar | Zoo nuggets  Spudsters  Carrots  Fresh grapes  Salad Bar | BYO sandwich  Turkey or Ham  Lettuce + tomato  Sun chips  Fresh cantaloupe  Salad Bar | Chicken pizza quesadilla  Spanish rice  Corn  Red, white, and blue popsicle  Salad Bar |
| **Dinner**  Cheese pizza or Sausage + cheese pizza  Breadsticks  Raw carrots + celery +  Veggie dip  Chocolate chip cookie  Salad Bar | Meatballs with gravy  Egg noodles  Dinner roll  Peas  Ice cream treat  Salad Bar | Cheese ravioli with plain sauce  Garlic toast  Green beans  Brownie  Salad Bar | Cheeseburger french fry casserole  Peas + carrots  Strawberry shortcake  Salad Bar | Hamburger  Brat  Baked beans  Chips  Watermelon  Salad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_