**Young Adults with Intellectual Disabilities or Autism| *Week of June 30-July 4, 2024***

**Vegetarian Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast***Orange and apple juice + regular and decaf coffee available at breakfast*  | Oatmeal bar with dried cranberries, cherries, and raisinsBrown sugarBlueberry muffin  | French toastVegetarian sausage linksApplesauce  | Scrambled eggsShredded hash brownVegetarian sausage pattyCanned peaches  | **HAPPY 4TH OF JULY!**Pancakes withStrawberry and blueberry toppingsVegetarian sausage links |
| **Lunch***1% milk, regular, decaf coffee, and ice water available at all meals* | Vegetarian mini corn dogsMacaroni + cheeseCalifornia veggiesFresh strawberriesSalad Bar | Vegetarian chic’n tendersSpudstersCarrotsGrapesSalad Bar | BYO Hummus sandwich Lettuce + tomato withToppingsSun chipsFresh cantaloupeSalad Bar | Vegetarian chic’n + cheese quesadillaWhite riceCornDirt cupSalad Bar |
| **Dinner**Cheese pizzaBreadsticksRaw carrots + celeryVeggie dipChocolate chip cookieSalad Bar | Vegetarian meatballsVegetarian gravyEgg noodlesPeasDinner rollIce cream treatSalad Bar | Cheese ravioli with red sauceGarlic toastGreen beansBrownieSalad Bar | Vegetarian Cheeseburger French fry casserolePeas + carrotsStrawberry shortcakeSalad Bar | Vegetarian hamburgerVegetarian baked beansChipsWatermelonSalad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_