**Youth with Intellectual Disabilities or Autism| *Week of July 7-11, 2024***

**GF Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast***Orange and apple juice + regular, and decaf coffee available at breakfast*  | GF WaffleHam pattiesCanned mandarin oranges  | GF Cheddar cheese omeletGF breakfast potatoesSausage linksCanned peaches | GF PancakesBacon Applesauce | GF Camp muffin with sausageHash brown pattyCanned pears  |
| **Lunch***1% milk, regular, decaf coffee, and ice water available at all meals* | GF Chicken bowlGrilled chicken strips corn, cheese, and mashed potatoes with GF gravyFresh strawberriesSalad Bar | GF Pork rib sandwichCole slawCalifornia veggiesFresh honeydewSalad Bar | GF NachosGF Beef taco meatGF Refried beansCornFresh grapesSalad Bar | GF Chicken + riceStir fry veggiesGF chocolate cup cakesSalad Bar |
| **Dinner**GF Pizza casseroleGF Garlic toastRaw carrots + celery with veggie dipGF Chocolate chip cookieSalad Bar | Baked fishGF Baked macaroni + cheeseBroccoliGF M&M brownieSalad Bar | GF Meatloaf dinnerGF Au gratin potatoesCarrotsGF Dinner rollGF Rice Krispie barSalad Bar | GF Baked ham dinnerWhite riceGreen beansGF S’ more barSalad Bar | GF Hamburger or hot dog with GF bunGF Baked beansLays potato chipsWatermelonSalad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_