**Youth with Intellectual Disabilities or Autism | *Week of July 7-11, 2024***

**Vegetarian Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast***Orange and apple juice + regular, and decaf coffee available at breakfast*  | Mini wafflesVegetarian sausage pattyCanned mandarin oranges  | Cheddar cheese omeletRoasted breakfast potatoesVegetarian sausage linksCanned peaches  | PancakesVegetarian sausage linksApplesauce  | Camp muffin withVegetarian sausage pattyCanned pears  |
| **Lunch***1% milk, regular, decaf coffee, and ice water available at all meals* | Vegetarian chic’n bowlVegetarian chicken, corn, cheese, mashed potatoes, vegetarian gravyFresh strawberriesSalad Bar | Lentils with BBQ sauce on a bunCole slawCalifornia veggiesFresh honeydewSalad Bar | NachosVegetarian taco meatRefried beansCornGrapesSalad Bar | Vegetarian chic’n + riceStir fry veggiesChocolate cup cakesSalad Bar |
| **Dinner**Vegetarian pizza casseroleGarlic toastRaw carrots + celeryWith veggie dipChocolate chip cookieSalad Bar | Baked fishBaked macaroni + cheeseBroccoliM&M brownieSalad Bar | Vegetarian meatloaf dinnerAu gratin potatoesCarrotsDinner rollRice Krispie treatSalad Bar | Baked TofuWhite riceGreen beansS’more barSalad Bar | Vegetarian hamburgerVegetarian baked beansChipsWatermelonSalad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_