**Youth with Intellectual Disabilities or Autism | *Week of July 14-18, 2024***

**GF Menu**

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| --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast***Orange and apple juice + regular, and decaf coffee available at breakfast*  | GF Camp muffin withSausage pattyHash brown pattyCanned peaches | GF Oatmeal bar with dried cherries, cranberries, raisins Brown sugarGF blueberry muffins | Scrambled eggsShredded hash brownBaconMandarin oranges | GF French toastSausage linksCanned pears  |
| **Lunch***1% milk, regular, decaf coffee, and ice water available at all meals* | BYO sandwich on GF breadHam or TurkeyLettuce + tomato +Toppings Lays potato chipsFresh grapesSalad Bar | GF Chicken + cheese quesadillaWhite riceCornFresh cantaloupeSalad Bar | GF Mini corn dogsGF Macaroni + cheeseCarrotsFresh strawberriesSalad Bar | GF Chicken tendersSpudstersBroccoliIce cream treatSalad Bar |
| **Dinner**GF Cheese pizza orGF Sausage + cheese pizzaGF Garlic knotsRaw carrots + celery with veggie dipGF Chocolate chip cookieSalad Bar | GF Cheeseburger French fry casserolePeas+ carrotsGF Vanilla cupcakes with GF chocolate frostingSalad Bar | GF Meatballs GF GravyGF NoodlesGF Dinner RollPeasGF M&M brownieSalad Bar | GF Cheese ravioli withred sauceGF Garlic breadGreen beansGF S’more barSalad Bar | GF hamburger or hot dog with GF bunGF Baked beansLays potato chipsWatermelonSalad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_