**Youth with Intellectual Disabilities or Autism | *Week of July 14-18, 2024***

**GF Menu**

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| --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast**  *Orange and apple juice + regular, and decaf coffee available at breakfast* | GF Camp muffin with  Sausage patty  Hash brown patty  Canned peaches | GF Oatmeal bar with dried cherries, cranberries, raisins  Brown sugar  GF blueberry muffins | Scrambled eggs  Shredded hash brown  Bacon  Mandarin oranges | GF French toast  Sausage links  Canned pears |
| **Lunch**  *1% milk, regular, decaf coffee, and ice water available at all meals* | BYO sandwich on GF bread  Ham or Turkey  Lettuce + tomato +  Toppings  Lays potato chips  Fresh grapes  Salad Bar | GF Chicken + cheese quesadilla  White rice  Corn  Fresh cantaloupe  Salad Bar | GF Mini corn dogs  GF Macaroni + cheese  Carrots  Fresh strawberries  Salad Bar | GF Chicken tenders  Spudsters  Broccoli  Ice cream treat  Salad Bar |
| **Dinner**  GF Cheese pizza or  GF Sausage + cheese pizza  GF Garlic knots  Raw carrots + celery with veggie dip  GF Chocolate chip cookie  Salad Bar | GF Cheeseburger French fry casserole  Peas+ carrots  GF Vanilla cupcakes with GF chocolate frosting  Salad Bar | GF Meatballs  GF Gravy  GF Noodles  GF Dinner Roll  Peas  GF M&M brownie  Salad Bar | GF Cheese ravioli with  red sauce  GF Garlic bread  Green beans  GF S’more bar  Salad Bar | GF hamburger or hot dog with GF bun  GF Baked beans  Lays potato chips  Watermelon  Salad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_