**Youth with Intellectual Disabilities or Autism | *Week of July 14-18, 2024***

**Vegetarian Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast**  *Orange and apple juice + regular, and decaf coffee available at breakfast* | Breakfast croissant sandwich with vegetarian sausage patty  Hash brown patty  Canned peaches | Oatmeal bar with dried cranberries, cherries + raisins  Brown sugar  Blueberry muffins | Scrambled eggs  Shredded hash brown  Vegetarian sausage patty  Canned mandarin oranges | French toast  Vegetarian sausage links  Canned pears |
| **Lunch**  *1% milk, regular, decaf coffee, and ice water available at all meals* | BYO hummus sandwich  Lettuce + tomato + toppings  Sun chips  Grapes  Salad Bar | Vegetarian chic’n + cheese quesadilla  White rice  Corn  Fresh cantaloupe  Salad Bar | Vegetarian mini corn dogs  Macaroni + cheese  Carrots  Fresh strawberries  Salad Bar | Vegetarian chick’n strips  Spudsters  Broccoli  Ice cream treat  Salad Bar |
| **Dinner**  Cheese pizza  Breadsticks  Raw carrots + celery  With veggie dip  Chocolate chip cookie  Salad Bar | Vegetarian Cheeseburger French fry casserole  Peas + carrots  Vanilla cupcakes with chocolate frosting  Salad Bar | Vegetarian meatballs  Vegetarian gravy  Egg noodles  Peas  Dinner roll  M&M brownie  Salad Bar | Cheese ravioli with red sauce  Garlic toast  Green beans  S’more bar  Salad Bar | Vegetarian hamburger  Vegetarian baked beans  Chips  Watermelon  Salad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_