**Youth who are Deaf or Hard of Hearing | *Week of July 21-25, 2024***

**GF Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast***Orange and apple juice + regular, and decaf coffee available at breakfast*  | GF Camp muffin with sausage pattyHash brown pattyCanned pears | GF French toastBaconCanned mandarin oranges | GF Cheddar cheese omeletGF Breakfast potatoesHam pattiesApplesauce | GF WaffleSausage linksCanned peaches |
| **Lunch***1% milk, regular, decaf coffee, and ice water available at all meals* | GF Chicken + riceStir fry veggiesFresh strawberriesSalad Bar | GF Chicken bowlGrilled chicken strips, corn, cheese, mashed potatoes + GF gravyFresh honeydewSalad Bar | GF NachosGF Beef taco meatGF Refried beansCornFresh grapesSalad Bar | GF Pork rib sandwichCole slawCarrotsGF strawberry shortcakeSalad Bar |
| **Dinner**GF Pizza casseroleGF Garlic knotsRaw carrots + celery with veggie dipGF Chocolate chip cookieSalad Bar | GF Meatloaf dinnerGF Au gratin potatoesGreen beansGF Dinner rollGF Dirt cupSalad Bar | Baked fishGF Macaroni + cheeseBroccoliGF Rice Krispie barSalad Bar | Baked ham dinnerWhite riceCalifornia veggiesJello Salad bar | GF hamburger or hot dog with GF bunGF Baked beansLays potato chipsWatermelonSalad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_