**Youth who are Deaf or Hard of Hearing | *Week of July 21-25, 2024***

**GF Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast**  *Orange and apple juice + regular, and decaf coffee available at breakfast* | GF Camp muffin with sausage patty  Hash brown patty  Canned pears | GF French toast  Bacon  Canned mandarin oranges | GF Cheddar cheese omelet  GF Breakfast potatoes  Ham patties  Applesauce | GF Waffle  Sausage links  Canned peaches |
| **Lunch**  *1% milk, regular, decaf coffee, and ice water available at all meals* | GF Chicken + rice  Stir fry veggies  Fresh strawberries  Salad Bar | GF Chicken bowl  Grilled chicken strips, corn, cheese, mashed potatoes + GF gravy  Fresh honeydew  Salad Bar | GF Nachos  GF Beef taco meat  GF Refried beans  Corn  Fresh grapes  Salad Bar | GF Pork rib sandwich  Cole slaw  Carrots  GF strawberry shortcake  Salad Bar |
| **Dinner**  GF Pizza casserole  GF Garlic knots  Raw carrots + celery with veggie dip  GF Chocolate chip cookie  Salad Bar | GF Meatloaf dinner  GF Au gratin potatoes  Green beans  GF Dinner roll  GF Dirt cup  Salad Bar | Baked fish  GF Macaroni + cheese  Broccoli  GF Rice Krispie bar  Salad Bar | Baked ham dinner  White rice  California veggies  Jello  Salad bar | GF hamburger or hot dog with GF bun  GF Baked beans  Lays potato chips  Watermelon  Salad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_