**Youth who are Deaf or Hard of Hearing | *Week of July 21-25, 2024***

**Vegetarian Menu**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Breakfast**  *Orange and apple juice + regular, and decaf coffee available at breakfast* | Camp muffin with vegetarian sausage patty  Hash brown patty  Canned pears | French toast  Vegetarian sausage links  Canned mandarin oranges | Cheddar cheese omelet  Roasted breakfast potatoes  Vegetarian sausage patty  Applesauce | Waffle  Vegetarian sausage links  Canned peaches |
| **Lunch**  *1% milk, regular, decaf coffee, and ice water available at all meals* | Vegetarian chic’n + rice  Stir fry veggies  Fresh strawberries  Salad Bar | Vegetarian chic’n bowl  Vegetarian chic’n, corn, cheese, mashed potatoes + vegetarian gravy  Fresh honeydew  Salad Bar | Nachos  Vegetarian taco meat  Refried beans  Corn  Grapes  Salad Bar | Lentils with BBQ sauce on a bun  Cole slaw  Carrots  Strawberry shortcake  Salad Bar |
| **Dinner**  Vegetarian pizza casserole  Garlic breadsticks  Raw carrots + celery  With veggie dip  Chocolate chip cookie  Salad Bar | Vegetarian meatloaf dinner  Au gratin potatoes  Green beans  Dinner roll  Dirt cup  Salad Bar | Tofu nuggets  Macaroni + cheese  Broccoli  Rice Krispie treat  Salad Bar | Baked tofu  White rice  California veggies  Jello  Salad Bar | Vegetarian hamburger  Vegetarian baked beans  Chips  Watermelon  Salad Bar |

Camper’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_