



# Wisconsin Lions Camp

## Camp Activities and Theme

### Youth with Diabetes

#### Activities:

All activities are supervised by trained staff including certified lifeguards and instructors. Please note that these are our main activity areas – and we offer a variety of activities and challenges within these areas. Large all camp activities such as the dance will be making a comeback this summer.

Some of these activities are age restricted (adventure course and high ropes). We reserve the right to restrict your camper's participation in camp activities. If a youth camper should not participate in any of these activities, you will be asked to fill out an activity restriction form at registration. Please use this form only if your camper cannot physically or safely participate. Campers may wish to not participate, and our staff will work to find an alternative activity or option for them when appropriate.

- Adventure Course – our new self-belay high ropes course. Challenge yourself to navigate one or two levels of challenges.
- Archery – learn proper use of equipment and go for a shot at the bull's-eye.
- Arts – projects and lessons in arts including crafts, musical instruments, singing and dancing
- Boating – canoes, paddleboats, rowboats, corcls, kayaks, pontoon boat and stand up paddleboards for lessons and leisure.
- Campfire – skits and songs to delight campers of all ages.
- Climbing tower – Navigate a slanted or straight vertical side 35 feet up with safety harnesses, 1:1 belayers and a safety helmet.
- Field Sports – learning and playing field games such as disc golf and field hockey.
- Innertubing – enjoy Lions Lake floating on an innertube.
- Mud Pit – come and get muddy in our large mud pit.
- Environmental Education – learning about the natural environment and outdoor skills using our beautiful facility.
- Rope Swing – popular to clean off mud from the mud pit, you swing out on a rope and land in the water below.
- Swimming – leisure in Lions Lake.
- Water Sports – water basketball, water volleyball or water polo.
- Low Ropes Course – this is a course which elements are 2-5 feet off the ground and they are navigated while wearing a safety helmet.
- High Ropes Course - This is a course which elements are 20 – 40 feet off the ground and they are navigated with safety harnesses, 1:1 belayers and a safety helmet.

## **Theme of the Week: Olympics**

Are the Olympics in Paris or Lions Camp? Join in a variety of activities to earn medals and other fun around Camp. Be ready to represent your unit in the competition!

For our theme of the week, camp staff work hard to create activities, events and moments relating to the theme throughout the week. Some examples would be camp wide competitions, trivia, dance costumes, cabin cheers and so on. Feel free to bring clothing that matches the theme for all camp activities!