



Wisconsin Lions Camp

Overnight Diabetes Management

One of the questions we get frequently from families is how do we manage camper's care overnight? In each cabin, there are at least two staff sleeping in the cabin, and every two cabins share a common lounge area where supplies are stored. This is our general policy on overnight management.

- From evening snack time at 8:30 PM until 7:30 am for breakfast checks, we assign two staff members to be responsible for the overnight management in each duplex.
- There are two cabin medical staff and one lead medical staff on call each night to handle additional issues as they pop up around Camp.
- After bedtime snack, assigned staff will sit in the lounge of each duplex until the midnight checks. Campers and all staff (cabin & medical) discuss their overnight management plan each night after snack in their daily wrap up discussion which happens between 9 and 10pm.
- Between the end of snack and midnight if a camper feels they need to check their blood sugar for any reason (including pump calibration or being woken up by a CGM alarm) they go to the lounge to check or test for BG levels. Treatment is the same protocol as during the day and must be consumed in the sight of staff.
- Counselors can only approve of a camper giving insulin within recommendations of the pump program. If a camper's blood sugar is high and the camper requests to give a correction dose different than the pump suggests or via injection, staff must notify the Med Staff on Call to handle this request.
- Set blood glucose checks will occur at midnight and 2am. If campers need continued management, checks will occur as needed at 4am and 6am. Some reasons for being on the midnight check or later checks are:
 - Had a blood glucose result at evening snack below 80mg/dl.
 - Had a blood glucose reading of below 80 mg/dl between evening snack and first night check.

- If most of their daily blood glucose results were below 80 mg/dl during the day.
- If a camper wakes up (or staff hear) a low blood glucose alarm, they will be checked and then put on the next round of checks.
- Have other reasons for concern which is discussed with the medical staff and the camper after evening snack.
- If received supplemental insulin to correct a high before bedtime and camper normally doesn't do this at home.
- If camper has had pump change after 10:00 PM. (Campers must be checked 2 hours after a site change.)

These are the general guidelines for the overnight management. As always, campers will discuss with cabin and medical staff the best management plan for them each night.