

(GF) Youth w/Intellectual Disabilities or Autism Camp week of July 5-9 2026

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		GF waffles w/fruit topping Sausage links	Cheese omelet Bacon Hashbrown shreds Peaches	GF pancakes Sausage patty Mandarin oranges	Scrambled eggs Breakfast ham Hashbrown patty Applesauce
Lunch		GF beef tacos Spanish rice Corn GF Blake's apple bar	Pulled pork w/GF bun Sweet fries Coleslaw	Grilled cheese sandwich on GF bread Tomato soup	GF chicken w/orange sauce Rice Stir fry veggies
		Salad bar	Salad bar	Salad bar	Salad bar
Dinner	Beef or cheese ravioli w/marinara GF garlic bread Green beans Cheesecake w/GF crust	Meatball sub w/cheese on GF bun Marinara GF pasta salad	BYO GF wrap w/GF chicken strips Potato salad	Cheese, sausage, pepperoni or veggie pizza on GF crust Veggies w/dip GF cookies	Hamburger, brat or hotdog w/GF bun Baked beans Chips Watermelon
	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
snack					
Orange juice, apple juice only available at breakfast, milk, regular coffee, decaf, water available all meals					