

(GF) Youth w/IDACamp week July 12-16 2026

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Cheese omelet Bacon Hashbrown shreds Peaches	GF camp muffins w/sausage Potato coins Pears	Scrambled eggs Breakfast ham Hashbrown patty Applesauce	GF french toast Sausage links Mandarin oranges
Lunch		GF chicken sandwich Tator tots Broccoli Strawberries	GF BYO sandwich w/ham, turkey or egg salad Fritos Brownies	Cheese, sausage, pepperoni or veggie pizza on GF crust Veggies w/dip Cookies	GF chicken tenders GF mac-n-cheese Peas
		Salad bar	Salad bar	Salad bar	Salad bar
Dinner	GF pasta w/meatballs Marinara Green beans GF garlic bread Cheesecake on GF crust	GF beef Nachos Refried beans Mexican street corn GF Blake's apple bar	Pork riblet w/ GF bun Waffle fries Corn Cantaloupe	Philly cheesesteak w/ GF bun Ranch potato wedges Carrots	Hamburger, brat, or hot dog w/GF bun Baked beans Chips Watermelon
	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
snack					
Orange Juice, apple juice only available at breakfast, milk, regular coffee, decaf, water available all meals					